



TUSAH EUROPE
SETTING THE STANDARD



Bringing innovation & inspiration to the world of Martial Arts.
The premium brand for **World Taekwondo** approved
clothing and equipment,
Tusah is committed to developing and providing
the very best products for your journey in Taekwondo.

Tusah gives the best value
together with unrivalled quality and customer care.

In all areas of the world, Tusah is devoted to supplying
athletes and instructors with the best
as we move towards our goal of

‘SETTING THE STANDARD’



Tusah White V Neck Plain Back Uniform

Elasticated drawstring waist. Jacket has a plain back and is 80%polyester 20%cotton ribbed material. Tusah embroidered logo right chest and leg, underneath the collar on the back and WT embroidery on the back bottom of the suit. Extra stitched sleeves and trouser bottoms. Full length gusset. White V Neck. Complete with white belt. WT Approved. Sizes: 90cm-210cm

Tusah Embroidered Back Uniform

Elasticated drawstring waist. TAEKWONDO in English and Korean stitched on the back of the jacket. 80/20% Poly/cotton ribbed material. Tusah embroidered logo right chest and leg, underneath the collar on the back and WT embroidery on the back bottom of the suit. Extra stitched sleeves and trouser bottoms. Full length gusset. Complete with white belt. WT Approved. Sizes: 90cm - 210cm

Tusah Black V Neck Plain Back Uniform

Elasticated drawstring waist. Jacket has a plain back and is 80%polyester 20%cotton ribbed material. Tusah embroidered logo right chest and leg, underneath the collar on the back and WT embroidery on the back bottom of the suit. WT Approved. Sizes: 140cm - 200cm

Tusah Shoes

Indoor training shoe in synthetic perforated material. The insole is layered with bamboo fibre for more effective sweat absorption and anti-odour functions.

Available in sizes: UK 3 - 11



Tusah White V Neck Plain Back Uniform



Tusah Embroidered Back Uniform



Tusah Black V Neck Plain Back Uniform





TUSH

WTF
WORLD TAEKWONDO FEDERATION

Tusah EZ-Fit Fighter Uniforms

Provides athletes with an easy method to compete at a high level. All athletes can now equitably feel comfortable and enjoy the experience. 100% quality guarantee.

Extremely light weight inner cool mesh for the ultimate comfort and feel. 100% Polyester.

White V Neck sizes: 130cm-210cm

Black V Neck sizes: 140cm-200cm

Tusah Professional Fighter Uniform

Professional sparring uniform made in Korea.

Engineering Innovative Functionality & Unique Designs
Time and care is put into every detail for maximum satisfaction.

Premium Collection uses the highest quality fabric and materials.

100% Quality Guarantee. With ventilation sections and mesh panels. Elasticated waist gives a comfortable fit. 100% Polyester.

Black V Neck sizes: 140cm - 200cm

Tusah Special Edition Fighter Uniform

This uniform goes back to the roots of Taekwondo. We took the ribbed pattern from the original Taekwondo uniforms before breathable fabric was introduced back in 2005 and, In 2016, Tusah was able to keep that original beloved pattern, but infuse it with breathable fabric. This uniform separates itself from others as it doesn't look like your everyday sparring uniform and holds more functions than them.

It was successfully showcased at the 2016 Rio Olympics
Black V Neck, Available in sizes: 160cm-200cm

S p e c i a l E d i t i o n U n i f o r m



EZ-Fit Male Poom Uniform



EZ-Fit Female Poom Uniform



EZ-Fit Female Dan Uniform



EZ-Fit Male Dan Uniform

EasyFit Female Poom Uniform

A combination of 55/45% cotton/polyester mix ensures good form and snap in every technique at an outstanding value for money price. WT Approved Poomsae uniform. Female Poom white top red trousers. Sizes available: 140cm-170cm.

EasyFit Male Poom Uniform

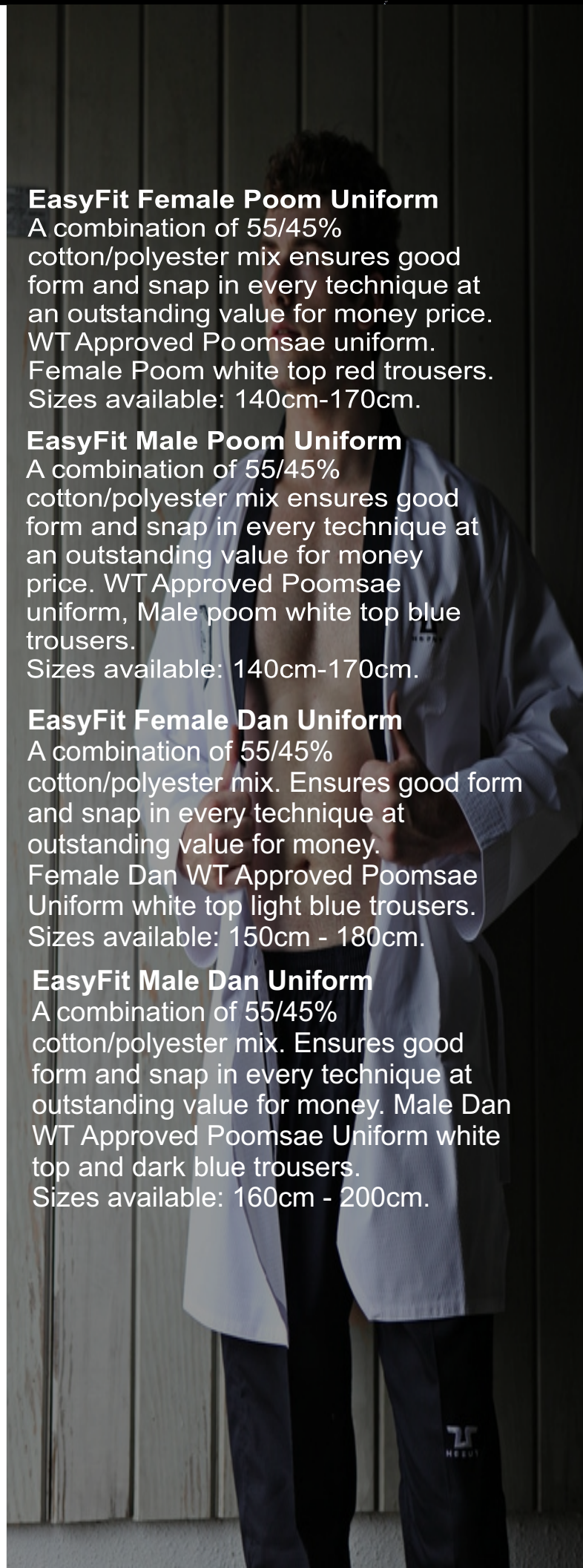
A combination of 55/45% cotton/polyester mix ensures good form and snap in every technique at an outstanding value for money price. WT Approved Poomsae uniform, Male poom white top blue trousers. Sizes available: 140cm-170cm.

EasyFit Female Dan Uniform

A combination of 55/45% cotton/polyester mix. Ensures good form and snap in every technique at outstanding value for money. Female Dan WT Approved Poomsae Uniform white top light blue trousers. Sizes available: 150cm - 180cm.

EasyFit Male Dan Uniform

A combination of 55/45% cotton/polyester mix. Ensures good form and snap in every technique at outstanding value for money. Male Dan WT Approved Poomsae Uniform white top and dark blue trousers. Sizes available: 160cm - 200cm.



Professional Female and Male Poom Uniform

A combination of 55/45% cotton/polyester mix in a manner designed to look good and give total comfort. **The Tusah Poomsae Dobok** is a winning combination, designed to stand out for quality, professionalism and total feel good factor.

WT Approved **Female Poomsae** white top red trousers 140cm-160cm

WT Approved **Male Poomsae** white top blue trousers 150cm-170cm.

Professional Female and Male Dan Uniform

A combination of 55/45% cotton/polyester mix. Designed to look good, give total comfort, durability in use and strength in ones actions. **The Tusah Poomsae Dan Dobok** is a winning combination, designed to stand out for quality, professionalism and total feel good factor.

WT Approved Poomsae uniform.

Female Dan with white top and light blue trousers.

Sizes available in 150cm - 180cm.

Male Dan with white top and dark blue trousers.

Sizes available in 160cm - 200cm.

Professional Senior Dan Uniform

Made in Korea. A combination of 55/45% cotton/polyester mix. The choice of champions. Excellent combination of comfort and design in a winning combination to make you look and feel like a true champion. WT Approved Poomsae uniform with yellow top and dark navy trousers.

Sizes available: 160cm-200cm



Professional Female Poom Uniform



Professional Male Poom Uniform



Professional Female Dan Uniform



Professional Male Dan Uniform



Professional Senior Dan Uniform



Tusah WT Taekwondo Forearm

White WT and CE approved PU compressed sponge construction. Velcro fastening for a secure fit. The forearm protector ensures maximum coverage and is perfect for blocking and defending.

Sizes: XXS -XL

Tusah WT Taekwondo Shin

White WT and CE approved PU compressed sponge construction. Velcro closures for secure fitting.

Sizes: XXS -XL

Tusah WT Taekwondo Gloves

Created from quick-dry, ventilated PU with a top layer of EVA foam padding, covered in durable and Polyurethane. Inner cool mesh added on the palm area. Elastic and velcro wrist straps. Better design and fitting feeling, with an excellent feeling of grip. Longer strap for extra secure fitting.

Available in sizes: XXS-XL

WT and CE approved

Tusah WT Taekwondo Insteps

CE Approved. EVA and PU construction. Offering excellent foot protection. Secure velcro closure.

Available in sizes: XS-XXL

Tusah WT Taekwondo Trunk Protector

Designed with the toughest Taekwondo sparring training in mind. Offering excellent, unhindering protection against strikes to the chest and upper body. Created from PU covered shock absorbing foam. Blue on one side and red on the other, CE and WT Approved.

Available in a range of sizes to offer the perfect fit.

Tusah WT Taekwondo Male Groin

WT and CE Approved. EVA foam construction offering comfortable and all round protection. Elastic straps to maximise comfort and give a more secure feel.

Sizes: XXS - XL

Tusah WT Taekwondo Female Groin

WT and CE Approved. EVA foam construction offering comfortable and all round protection. Elastic straps to maximise comfort and give a more secure feel.

Sizes: XXS - L

Forearm



Shin



Gloves



Instep



Trunk Protector



Male Groin Guard



Female Groin Guard



World Taekwondo Shin/Instep



WT Taekwondo Shin and Instep

A light weight, heavy duty, WT Approved protective shin guard is velcro attached to a short, PU foam instep protector.

This guarantees the user optimal performance, mobility, and protection from both items during training and, with the removal of the instep section, during competitions.

Made with PU foam, risk of injury to the wearer is reduced.

The three strap system combined with individual left and right shin guards provides the wearer with the ultimate secure fit.

Note the removable shin is WT Approved however instep is not

Sizes: XXS – Large

Special Edition Forearm & Shin



WT Approved Special Edition Shin & Forearm “Reinforced with Innovated Memory-Foam Protection”

Special Edition Protectors use the sleeve concept in protection gear to ensure non-rotation. The game can now go on with fewer interruptions and more competitiveness.

We have designed the protector foam to be removable, so that the outer layer sleeve can be properly washed.

The protector foam is shaped to imitate the human body curves minimizing distance between the guard and the body, leading to less shifting of the protector.

The core area also referred to as “the most vulnerable area” is padded with memory style foam to absorb more of the impact. As the foam absorbs the impact the human body takes less of it, leading to less injuries in the core area.

Successfully showcased at the 2016 Rio Olympics.

Sizes Available: Small, Medium & Large



Tusah WT Taekwondo Headguard

Developed to give excellent protection at a great price and is WT Approved. **The Tusah Head Guard** protects against blows and injury to the head during Taekwondo training and competitions. It features vital reinforced ear protection, large air holes for excellent ventilation and heat control. A double elastic and velcro chin strap offers a superior fit and feel. Created by shock absorbing foam the head guard is easy to wear and offers excellent protection without hindering your performance. Available in white, red or blue. CE Approved Sizes: XS-XL.

WT Taekwondo Visor/Mask

For use in Taekwondo tournaments, elastic straps attach the clear, protective visor to the head guard. Offers maximum protection to the face. Provides excellent field of vision.

A small visor fits an XS and *small* Tusah head guard.

A Medium visor fits a *medium* and *large* Tusah head guard.



BAGS & TRAINING AIDS



Tusah Single kick target

Kick target in foam covered by PU. Used for kicking and punching drills to develop speed and balance. Available in black only. Design has the Tusah logo.

Tusah Double kick targets

Double Kick target in foam covered by PU. Used for kicking and punching drills to develop speed and balance. Available in colours: red, blue and black. Design has the Tusah logo.



TKD Pro Back Pack

Deluxe Martial Arts Back packs are made with vibrant and extremely durable Jacquard and 600 D Polyester. As shown by highest of quality details, Deluxe Martial Arts Bags have been tested and improved for many years.

Front clip on strap to hold chest protector for convenient mobility (Horizontal or Vertical)

Padded air mesh shoulder straps

Multiple pockets & two side pockets for additional storage

Exterior water bottle mesh pocket for easy access

Main compartment provides spacious storage

Size: Length = 46cm (18 inches)

Size: Width = 32cm (12.6 inches)

Black or red back pack with trunk protector straps eliminating the need to carry all of your training gear to class.



Taekwondo Pro Equipment Bag

Featuring an adjustable shoulder strap, a side mesh pocket, and a chest gear pocket among other stand out design features.

Made with vibrant Triangle Jacquard and 600D Polyester, this Taekwondo Pro Equipment bag has been built to carry everything a martial artist could need.

It also features a shoulder pad with coin pouch, protective piping, and a name tag.

Side clip on straps hold chest protector for convenient mobility

Dual handles and removable shoulder straps allow for versatile carrying

Large double zip in the main compartment provides spacious storage

Dual zip compartments provide extra storage

Colour: Black/Red

Length = 56cm (22 inches)

Width = 30cm (12 inches)

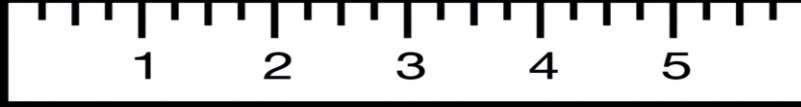
Height = 33cm (13 inches)





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Size Guide

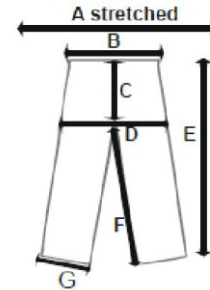
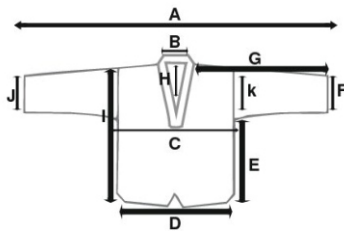


Taekwondo Jacket

Size	stretche	B	C	D	E	F	G	H	I	J	k
90cm	97	15	36	37	31	16	42	22	46	16	17
100cm	104	15.5	37	37.5	32	16	44	23.5	52	16	18
110cm	106	16	40	41	34	16.5	45	26.5	53	16.5	19
120cm	109	16.5	41	43	36	17.5	47	27	56	17.5	19
130cm	117	19	45	47	41	18	50	27	60	18	20
140cm	132	20	49	49.5	41.5	18.5	57	28	65	18.5	22
150cm	140	21	52	53	50	18.5	59	28.5	70	18.5	23
160cm	144	22	55.5	56	50.5	20	61	31	74	20	24
170cm	149.5	22	57	58	54	21	65	32	79	21	35
180cm	156	22.5	60	62	57	21	68	33	83	21	26
190cm	168	23	63	64	62	22	72	34	88	22	26.5
200cm	170	23	65	66	66	22.5	74	34.5	92	22.5	27
210cm	180	23.5	70	71	72	23	78	35	100	23	21

Taekwondo Trousers

Size	stretche	B	C	D	E	F	G
90cm	36	22	24	41	57	36	16
100cm	37	22.5	26	43.5	62	41	17
110cm	38	22.5	27	47	66	47	18
120cm	45	23	27	51	76.5	58	20
130cm	45	24.5	27.5	54	80.5	60	21
140cm	49	27	31	56	85	63	21.5
150cm	51	29	34	60	89.5	66	22
160cm	52	31	34	62	93	70	23.5
170cm	54	31	37	63.5	100	74	24
180cm	57	32	39	68	104	76	24.5
190cm	61	34	41	74	107	80	25.5
200cm	63	35	42	78	114	87	26
210cm	63	35	42	79	119	92	26.5



Size	Horizontal	Vertical
XXS	73cm	36cm
XS	79cm	38cm
S	87cm	40cm
M	94cm	43cm
L	102cm	46cm
XL	107cm	48cm
XXL	114cm	51cm



Shoes & Clothing

UK
4
5
6
7
8
9
10
11

EU
38
39
40
41
42
43
44
45

US
5
6
7
8
9
10
11
12

USA/Korean
00000
0000
000
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0
1
2
3
4
5
6
7

CM
100cm
110cm
120cm
130cm
140cm
150cm
160cm
170cm
180cm
190cm
200cm
210cm

FT
Below 3'4ft
3'4 - 3'6ft
3'6 - 4'0ft
4'0 - 4'4ft
4'4 - 4'8ft
4'8 - 5'2ft
5'2 - 5'5ft
5'5 - 5'10ft
5'10 - 6'0ft
6'0 - 6'4ft
6'4 - 6'6ft
6'7ft +

Tusah Groin Guards

Female INCHES

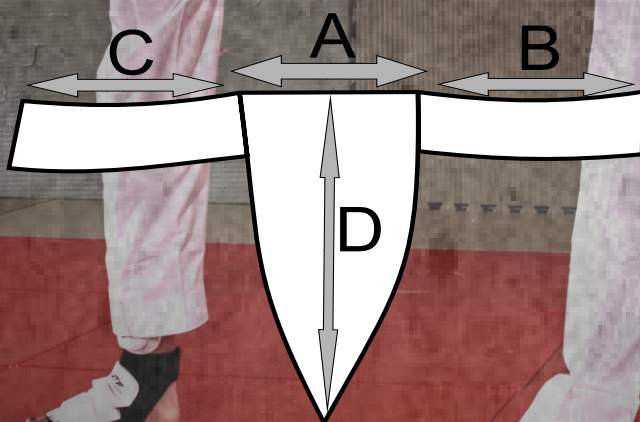
Size	A	B	C	D
XXS	6	6	6	9
XS	6	7	7	10
S	7	8	8	11
M	7	9	9	12
L	7	11	11	13
XL	7	13	13	14

Unstretched Waist Size
 equals 18 Inches
 equals 20 Inches
 equals 23 Inches
 equals 25 Inches
 equals 29 Inches
 equals 33 Inches

Male INCHES

Size	A	B	C	D
XXS	6	6	6	9
XS	6.5	7	7	10
S	7.5	8	8	11
M	8	9	9	12
L	8	11	11	13
XL	8.5	13	13	14

Unstretched Waist Size
 equals 18 Inches
 equals 20.5 Inches
 equals 23.5 Inches
 equals 26 Inches
 equals 30 Inches
 equals 34.5 Inches



Tusah Instep

UK
 Small 2/3
 Medium 4/5
 Large 6/7
 XL 8/9
 XXL 10/11

CM
 24cm-24.5cm
 25cm-25.5cm
 26cm-26.5cm
 27cm-27.5cm
 28cm-28.5cm

Please Note: This is only an approximate guideline

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